

PE

Intent

At North Marston C of E School, physical education is an integral part of our curriculum that is inclusive and engages all pupils. Children develop the knowledge, skills and competence to participate and excel in a broad range of sports and physical activities. We aim to deliver high-quality teaching and learning opportunities that enables all children to achieve their personal best. The school is an active member of the Bucks Schools Sports Partnership which gives the children the opportunity to participate in a range of competitive sports against other local schools. We encourage them to transfer their North Marston values to sporting activities, ensuring they do their best and display good sportsmanship. We aim for all children to be physically active for sustained periods of time and be able to make informed decisions to lead healthy and active lives. Swimming is an important life skill, we aspire for all children to leave primary school being able to swim at least 25 metres.

Implementation

Children participate in high-quality PE lessons twice a week covering a range of different sports/skills each term. Teachers use, and adapt, a variety of different resources to ensure lessons across years show progression.

Classes follow the PE overview to ensure that pupils participate in a variety of sports. Children attend swimming lessons in Year 3 and 4.

Children participate in a variety of competitive sports, as part of Bucks SSP, both at Key Stage 1 and Key Stage 2. We also enter a local football league and cup competition for Year 5/6.

All children have the opportunity to participate in a range of different sporting activities at lunchtime which are organised and supervised by a member of school staff.

We also provide children with opportunities to participate in different extra-curricular activities that are inclusive, enjoyable and increase children's physical activity. Children have the opportunity to officiate and coach at these clubs and we encourage all children, regardless of ability, to take part in these clubs and also to compete at festivals. We also run a lunchtime club specifically aimed at children who would not normally become involved in extra-curricular activities.

We have links with many local sports clubs which our children are encouraged to join and successes in activities that take place out of school time are regularly celebrated in school.

Impact

Our curriculum aims to improve the well-being and fitness of all children at North Marston C of E School, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. PE is taught as a basis for lifelong learning in the belief that if taught well and the children are encouraged to participate and enjoy themselves then they will continue to have a physically active life. Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility for your own health and fitness. Our impact is therefore to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.